



BROMSGROVE PREPARATORY SCHOOL

Staying Safe Online

Years 5 & 6

Online Information

- Be careful about what personal information you tell about yourself or others (this could include home address, your school, email address, telephone numbers). The more information you put online, the more people can find out about you.
- Only be friends with people that you know in real life as some people who you meet online may not be who they say they are.
- Only send pictures to people that you know in the real world too - even if you have been talking to them online and think you know them, or someone you have met through a friend. You never really know who they are if you haven't met them face to face. If someone asks you to send them a picture message and you don't know who they are, you should tell a trusted adult.



Chatting, Games and Social Networks

- Use a nickname if you are using a blog, a chatroom, a game website or a forum.
- You can be any age to use sites like Moshi Monsters and Penguin Club. However, you do need to be at least 13 years old to sign up for most of social networking sites. If you want to use a website, check with an adult that you are old enough.
- Check if a website has any privacy and security settings allow you to who can contact you. Check the help page to find out how to report.
- Meeting someone you have only been in touch with online can be dangerous. Only do so with your parents' permission and even then only when they can be present and meet in a public place. If anyone asks to meet up with you, tell a trusted adult.



Cyberbullying

- The best way to deal with cyberbullying is to 'stop, block and tell'.



- STOP by not replying
- BLOCK the person or message and
- TELL someone you trust that it is happening.

Save the messages and emails. You don't have to read them, but save them in a folder so you can show an adult if you need to. If something happens that upsets you online, it's never too late to tell someone.

- When communicating with others, be polite and responsible. Be the same friend online as you are in person and think about the effect your post will have on other people.
- Do tell an adult if you see any of your friends being bullied.



Passwords and Email

- Never share or tell anyone your passwords, not even to your friends. Try to use passwords that are hard for others to guess. They should be at least eight characters long using a mix of letters, numbers or symbols.
- It's important to remember that if you receive an email from someone you don't know, never open it. Tell an adult you trust if you're not sure what to do.
- Some people send fake emails to trick you into replying. They get email addresses by using special software or from other websites on the internet. If you reply to one of these emails, the people sending them will know that your email address is real, and they could start sending you junk emails.
- Be aware of spam, phishing and viruses.



Help and Reporting

- Reporting at School: online@bromsgrove-school.co.uk
- CEOP <https://www.ceop.police.uk/ceop-reporting/>
- UK Safer internet centre <https://saferinternet.org.uk/>
- Childline <https://www.childline.org.uk/>